

8 September 2021

Kiaora, Malo e lelei, Talofa lava, Bula, Mabuhay, Annyeong, Ni hao, Greetings to you all.

"Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen"

Tonga Language week in Lockdown

Sunday 5 September – Saturday 11 September. This year's theme for Uike Kātoanga'i 'o e lea faka-Tonga - Tonga Language Week is Fakakoloa 'o Aotearoa 'aki 'a e Ako Lelei, which means enriching Aotearoa with holistic education.



Follow our facebook page for online celebrations, learning and links https://www.facebook.com/SJSOnehunga

Also follow NZ Tonga language week facebook page https://www.facebook.com/nztongalanguageweek

Nathan Wallis' three 'Rs' for surviving lockdown with kids ROUTINE, RESPONSIBILITY AND RELAX! Lockdown is hard, after 5 lockdowns Aucklanders could win a gold medal if 'lockdown' was a sport at the Olympics!!! We all at times need advise and to pause and refocus. Check out this great parent education video from Neuroscience Educator, Nathan Wallis to help get you through this Lockdown (aka Bubble Time!)

https://www.youtube.com/watch?v=qu_ca3F0o1E

SUPPORT

This is a challenging time for many families – high stress levels, children at home, cut off from family and friends.

If you or anyone you know wants some advice or support over this time here are some options that might be useful. Support services that remain open: Womens Refuge 0800REFUGE Shine 0508 744 633 Alcohol and Drug Helpline 0800 787 797 Oranga Tamariki call centre 0508FAMILY CADS 09 845 1818 Narcotics Anonymous 0800 628 632 Alcoholics Anonymous 0800 229 6757 Lifeline 0800 543 354 or free text 4357 Youthline 0800 376 633 Samaritans 0800 726 666 Outline (LGBT) 0800 688 5463 Depression Helpline 0800 111 757 Suicide Prevention Helpline 0508 828 865 Work and Income services centres are closed, however you can apply for assistance via MyMSD or phone the contact centre on 0800 559 009.

CHECK IN

We know that you are all doing an amazing job being in your bubbles, supporting your child with homelearning, while juggling work commitments yourself and managing the house.

LOCKDOWN IS NOT EASY!!!

Please let us know how online learning is working for you and if your family need support in any way by filling out this survey.





https://www.surveymonkey.com/r/JF3JMGS

Home Learning Heros

Is your child a 'HOME LEARNING HERO'?

If so nominate them for our HOMELEARNING HERO GIVEAWAY.

Parents are able to nominate their child by emailing your child's teacher with your childs name and the reason you

nominate them.

We have had some wonderful nominations



Nominations close Friday 10 September at midday Winner drawn Friday 10 September at 5pm



Home Learning Giveaway



Is your child a 'HOME LEARNING HERO' Nominate your child to win this Amazon Fire 7 tablet

Nominations close Friday 10 September @ midday WINNER DRAWN 5pm Friday 10 September

We've Got This St Joseph's!!!!

I 0:02 / 3:44

https://www.youtube.com/watch?v=BqbqnNtJ0m0

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Please register with admin@sjs.school.nz